

## Coronavirus (COVID-19) Resources

Bethany School and Preschool is deeply committed to the health and safety of our students, families and staff. Our school is in continual communication with our partnering health care agencies, including the Long Beach Health and Human Services Department, the City of Long Beach and other local, regional, state and federal agencies.

The Centers for Disease Control and Prevention (CDC) is closely monitoring an outbreak of a respiratory illness called coronavirus, or COVID-19, first identified in Wuhan, China. Bethany is providing resources and updates.

In the meantime, the best way to prevent the spread of any illness is to follow these protocols:

- Stay home when ill. This includes symptoms such as fever, cough/difficulty breathing and/or intestinal problems. Stay home at least 24 hours after you are fever free.
- Frequently wash hands for at least 20 seconds with soap and water. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60 percent alcohol.
- Cough/sneeze into your sleeve (elbow) or a tissue, then throw the tissue in the trash and wash your hands.
- Clean and disinfect frequently touched objects and surfaces such as door handles.
- Avoid touching your eyes, nose and mouth.

Be aware of misinformation surrounding the coronavirus. Our church and school has been actively gathering information from the following agencies:

- [Los Angeles County Department of Public Health](#)
- [Long Beach Health and Human Services Department](#)
- [California Department of Public Health](#)
- [Centers for Disease Control \(CDC\)](#)
- [LA County Office of Education](#)